

- The dancers started by prancing their footwork, ^{mainly} producing a beat with their feet.
- Aliah would use certain sounds/words to help the ^{dancers} in counting the movement and remembering which one came at a specific time.
- Aliah would instruct dancers to repeat the steps many times.
- The dancers seemed to follow Aliah's instructions very ~~fast~~ well, they all flowed together like one body.
- The dancers had good flow both on their feet and hands in order to complete every step perfectly.
- Aliah was extremely particular about the positions of the hands and how they transitioned from movement to ~~another~~ another.
- Aliah tends to have a pattern of teaching the foot positions, first ~~then~~ ^{then} followed by the hand movements throughout the rehearsal.

Below are a following dance poses as was drawn to as the dancers repeated them alot.

